

A.M. PROVISIONS

OPEN FACE EGG SANDWICHES

Made with Finger Lakes Farms free-range eggs, with all natural ingredients, locally sourced.

ALEX \$8.95

whisked eggs (3)
goat cheese
arugula
pesto
multi-grain

MAC \$7.65

whisked eggs (3)
sausage
cheddar
basil mayonnaise
biscuit

CAROLINE \$8.95

poached egg (1)
ham
gruyere
bechamel
brioche

EVELYN \$7.65

whisked eggs (3)
bacon
cheddar
house roll

LILLY \$6.65

poached egg (1)
ham
brie
biscuit

LUCY \$8.95

whisked eggs (3)
sausage
gruyere
croissant

CARMIN \$8.50

whisked eggs (3)
ham
mozzarella
tomato
basil
mayonnaise
house roll

MIKAYLA \$8.75

poached egg (1)
bacon
cheddar
avocado
pico de gallo
house roll

BUILD *your* OWN \$5.95

Your choice of bread, cheese & poached egg (1) | whisked eggs (3) + \$1.00

BREAD

house roll | biscuit
brioche | sourdough
multi-grain table bread
croissant + \$1.50
gluten-free bread + \$1.00

CHEESE

gruyere | cheddar
mozzarella | brie
goat | feta | havarti

EGGS

poached (1)
whisked (3) + \$1.00

VEGGIE

+ 25¢
red onion | pesto
tomato | arugula
pico de gallo
avocado + \$1.50

MEAT

+ 75¢
bacon | sausage
ham | turkey sausage
maple glazed bacon

SMOOTHIES \$6.50

PB & BANANA

peanut butter
dates
banana
almond milk

ORANGE MANGO

mango
banana
vanilla
orange juice

ACAI FRUIT

acai
mixed berries
banana
orange juice

GREEN

spinach
spirulina
banana
pineapple
ginger
orange juice

COFFEE

espresso
almond butter
banana
mocha
almond milk

+ 75¢ add
caramel &
whipped
cream

SUPERCHARGE YOUR SMOOTHIE: chia seeds | cocoa nibs | ground flax | spirulina | hemp protein + \$1.00 each

A.M. PROVISIONS



IT'S NOT JUST WHAT WE USE, IT'S WHAT WE DON'T.®

Our bread is handcrafted and baked fresh daily using all natural ingredients.

TOAST TASTING \$3.95

4 slices of today's bread,
organic strawberry jam
& salted butter

YOGURT \$6.95 & GRANOLA

yogurt served with
house-made granola
+ add berries \$2.25

OATMEAL \$5.95

organic whole-grain rolled oats
& milk and your choice:

berries

banana "brulee"

brown sugar & 100% pure maple syrup

KID'S \$4.25

FRENCH TOAST \$8.95

brioche or cinnamon swirl
brioche & 100% pure maple
syrup

KID'S \$4.95

STUFFED FRENCH TOAST \$9.95

brioche french toast stuffed with cream cheese,
toasted almonds & a seasonal fruit compote
with 100% pure maple syrup

SIDES \$2.95

ham | bacon | maple glazed bacon
sausage | turkey sausage

FRUIT \$3.95

seasonal assortment
of fresh fruit

TOAST

AVOCADO \$4.95

fresh avocado,
salt & pepper
served on grilled table bread

RICOTTA \$4.95

honey & lemon ricotta,
heirloom grape tomatoes
& fresh basil
served on grilled table bread

SMOKED SALMON \$11.95

First Light Farms goat cheese,
gravlox, red onion & capers
served on grilled table bread